

## Parenting Resources for School-Age Children

Provided by Mary Siedel – MMSD School Psychologist Educator to the FR PTO

---

*Yardsticks: Children in the Classroom ages 4-14.* By Chip Wood.

Developmental milestones by grade level. Looks at Physical, Social/Emotional Language and Cognitive development. Helps with expectations/"normal" development discussions.

*Parenting with Love and Logic.* By Foster Cline and Jim Fay.

Parenting resource to help raise children who are self-confident, motivated, and ready for the real world. Emphasizes parents helping children to solve their own problems while gaining the confidence they need to meet life's challenges and establishing healthy control—without resorting to anger, threats, nagging or exhausting power struggles.

*Smart but Scattered* By Peg Dawson and Richard Guare.

Addresses executive functioning deficits in an easy to understand way and gives ideas of how to address them. Particularly helpful in the transition from elementary to middle.

*How to Talk So Kids Will Listen & Listen So Kids Will Talk and Siblings Without Rivalry*, both by Adele Faber and Elaine Mazlish.

Both books walk you through true-to-life scenarios, with small suggestions that “magically” make huge differences when you find yourself having the same kinds of conversations in real life.

*Get Out of My Life, but First Could You Drive Me and Cheryl to the Mall: A Parent's Guide to the New Teenager*, By Anthony E. Wolf.

The title alone shows Wolf understands life with teenagers. And like Faber, he gives practical tips for situations that really happen.

*Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In – When to Worry and When Not to Worry* By Perri Klass and Eileen Costello.

Nearly every child is “quirky” in some way at some time. Klass and Costello, both pediatricians, are good at sorting out what will pass and what needs a closer look.

*Queen Bees and Wannabees*, By Rachel Simmons.

Focused on relational aggression and bullying among girls.

*Becoming the Parent You Want To Be: A Sourcebook of Strategies for the First Five Years*, By Laura Davis and Janis Keyser.

Not a how-to book, so much as a how-to-think-things-through-and-arrive-at-the-right-solution-for-you book.